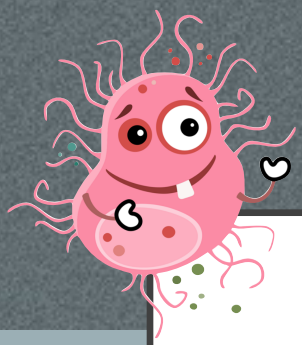
भारतीय प्रौद्योगिकी संस्थान हैदराबाद
Indian Institute of Technology Hyderabad



HEALTH PROTOCOL

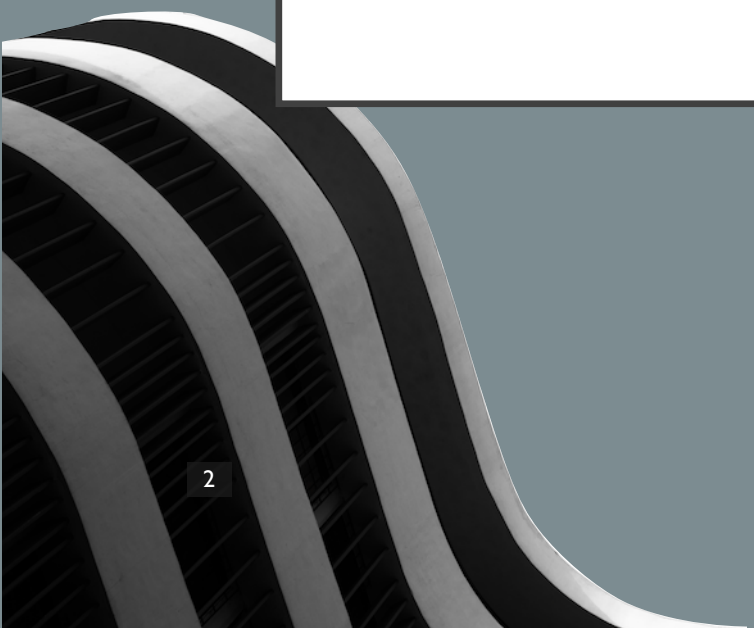
In the COVID Pandemic Scenario

Visit IITh website for latest updates

www.iith.ac.in

The protocols mentioned herein are based on the advisory given by Govt. of Telangana Ref:

https://covid19.telangana.gov.in/



MEASURES TO BE TAKEN BY IITH ON THE OCCURRENCE OF COVID19 POSITIVE CASE(S) AMONG STUDENTS ON CAMPUS

Despite taking the preventive measures, the occurrence of cases among the students staying in the campus cannot be ruled out. The following measures will be taken in such circumstances

A. Immediately inform the IITH clinic and warden/faculty in-charge, if a student is having flu like symptoms (Fever, cough, sore throat, breathing difficulty)

B. The suspect case if reporting very mild/mild symptoms would be placed under isolation facility and will be closely monitored. He/she will be sent for CoVID testing.

    1. SOP of asymptomatic/mild CoVID positive cases (Clinical severity/ Instructions - Annexure I) in Hostel block- If test result is positive, patient will be referred to higher centre. As per the treating hospital advise, he/she will be hospitalized or under hostel isolation centre (should submit record from hospital). Patient has to undergo 14 days hostel isolation. He/She will be monitored by clinic team (Self Declaration - Annexure II). During isolation period, if required, the patient may be referred to treating hospital by IITH Doctors depending upon the severity. (List of CoVID test /treatment centers -approved by Telangana govt., will be made available on the IITH website)

    2. If the test result is negative, the patient will undergo hostel quarantine for 14 days.

C. Suspect case with moderate to severe symptoms will be treated as per health protocol in appropriate health facility.

D. The concerned faculty in charge/Registrar shall be requisitioned and will undertake the listing of contacts.

E. Necessary actions for contact tracing and disinfection of work place/Hostel (respective section In-charge/Dept. Head) will start once the report of the patient is received as positive. The report will be expedited for this purpose.

F. If there are large numbers of contacts from a pre-symptomatic/asymptomatic case, there could be a possibility of a cluster emerging in campus/workplace setting. Due to the close environment in workplace settings this could even be a large cluster (>15 cases). The essential principles of risk assessment, isolation, and quarantine of contacts, case referral and management will remain the same. However, the scale of arrangements will be higher.

G. Management of contacts:

1. The contacts will be categorized into high and low risk contacts*
2. The high-risk exposure contacts shall be quarantined for 14 days.
3. These persons shall undergo COVID19 testing (as per ICMR protocol).
4. The low risk exposure contacts shall continue to work and closely monitor their health for next 14 days.

The flowchart for management of contact/ cases is placed at (Annexure - I)

H. Closure of workplace/hostel room: If there are one or two cases reported, the disinfection procedure will be limited to places/areas visited by the patient in past 48 hrs. There is no need to close the entire office/hostel building/halt work in other areas of the office/hostel and work can be resumed after disinfection as per protocol. However, if there is a larger outbreak, the building/block will have to be closed for 48 hours and after thorough disinfection will be declared fit for re-occupation.

I. Disinfection procedures in hostel/labs/classroom: Detailed guidelines on the disinfection as already issued by Ministry of Health & Family Welfare (as available on their website) shall be followed.

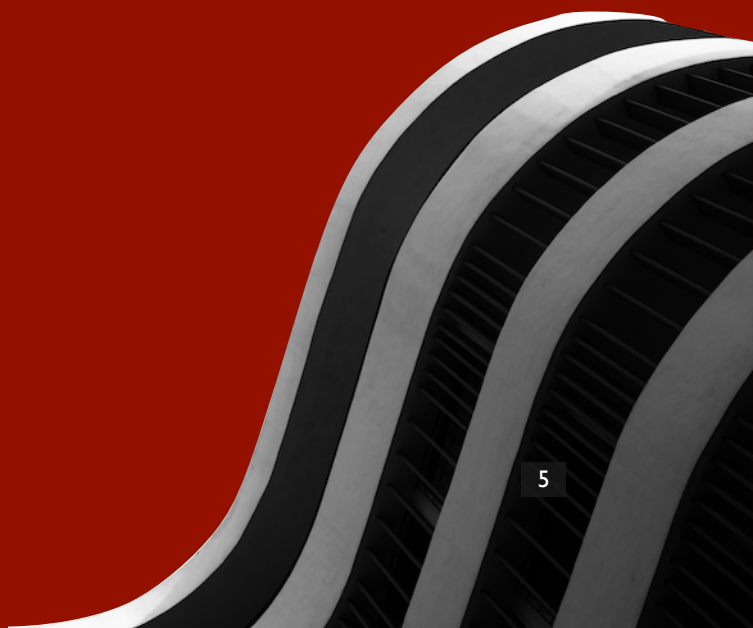
J. Information regarding positive case, contacts will be given to state/district health authorities -Registrar/Security/Dean Admin.

High-risk contact:

Touched body fluids of the patient (respiratory tract secretions, blood, vomit, saliva, urine, faeces; e.g. being coughed on, touching used paper tissues with a bare hand). Had direct physical contact with the body of the patient including physical examination without PPE r Touched or cleaned the linens, clothes, or dishes of the patient. Lives in the same household as the patient. Anyone in close proximity (within 1 meter) of the confirmed case without precautions. Passengers in close proximity (within 1 meter) in a conveyance with a symptomatic person who later tested positive for COVID-19 for more than 6 hours.

Low risk contact:

Contact shared the same space (worked in same room/similar) but not having a high-risk exposure to confirmed case of COVID-19. Travelled in same environment (bus/ train/flight/any mode of transit) but not having a high-risk exposure.



SOP FOR COVID-19 POSITIVE STUDENT (HOSTEL RESIDENT)

- Referred to higher health centre, if referred back they will be in isolation centre for a period as advised by the treating hospital.
- Contact tracing to be done by hostel office,Warden of the student and informed to Dean students
- Disinfection to be done by Admin
- Respective hostel room/lab will be closed for 48 hrs

Student during isolation will be monitored regularly. If required he/she will be referred for further treatment/follow up.

SOP OF CLINICAL MANAGEMENT

Case with symptoms suggestive of Covid (exposure history, clinical presentation)

Assessed to be Covid suspect, Referred to health facility for Covid testing

Assessed to be non covid suspect

Negative: Will be managed as per clinical presentation.
will be referred sos

Positive: Admin informs health authorities, will be referred to health facility/home(hostel) quarantine/isolation centre as per advise of treating hospital.

Contact tracing by concerned dept (warden, faculty in-charge), testing of primary, high risk contacts

Management as per clinical presentation will be referred sos

UNDERTAKING ON SELF-ISOLATION WITHIN IIT HYDERABAD CAMPUS – HOSTEL

I, …… S/D of ……..,

Student ID ……..…., resident of room no. ……..,

hostel block ……., being diagnosed as a confirmed/suspect case of COVID-19, do hereby voluntarily/ as per advised by the treating physician of COVID CLINIC ……., dated ……, (document attached), undertake to maintain strict self-isolation at all times for the prescribed period. During this period, I shall monitor my health and those around me and interact with the assigned surveillance team, name /phone no……../ with the call centre (1075), or IITH clinic over telephone, in case I suffer from any deteriorating symptoms consistent with COVID-19.

During this prescribed period, I shall strictly isolate myself from rest of the campus to prevent spread of infection.

I have been explained in detail about the precautions that I need to follow while I am under self- isolation. I have been explained about the severe symptoms/signs of COVID 19 and when I have to attend the COVID care hospital urgently.

I am liable to be acted on under the prescribed law for any non-adherence to self-isolation protocol.

Signature_____

Date/Place_____ Contact Number _____

EMERGENCY CONTACTS

Within Institute			
1	Hostel Office	040-23016833	office.hostel@iith.ac.in
2	Institute Clinic	040-23016301	
3	Institute Ambulance	8331036100	
4	Security	8332999892	cso@iith.ac.in
5	Dr. Anil Kumar Kanaparthy	8331036076	anilkumar.kanaparthi@admin.iith.ac.in
6	Dr. Raja Adharnath	8331036077	raja.adharnath@admin.iith.ac.in
7	Dr. Baisakhi Chandra	8331036078	
Other			
8	National COVID Helpline	1075	011-23978046

KEEP CALM
CARRY ON

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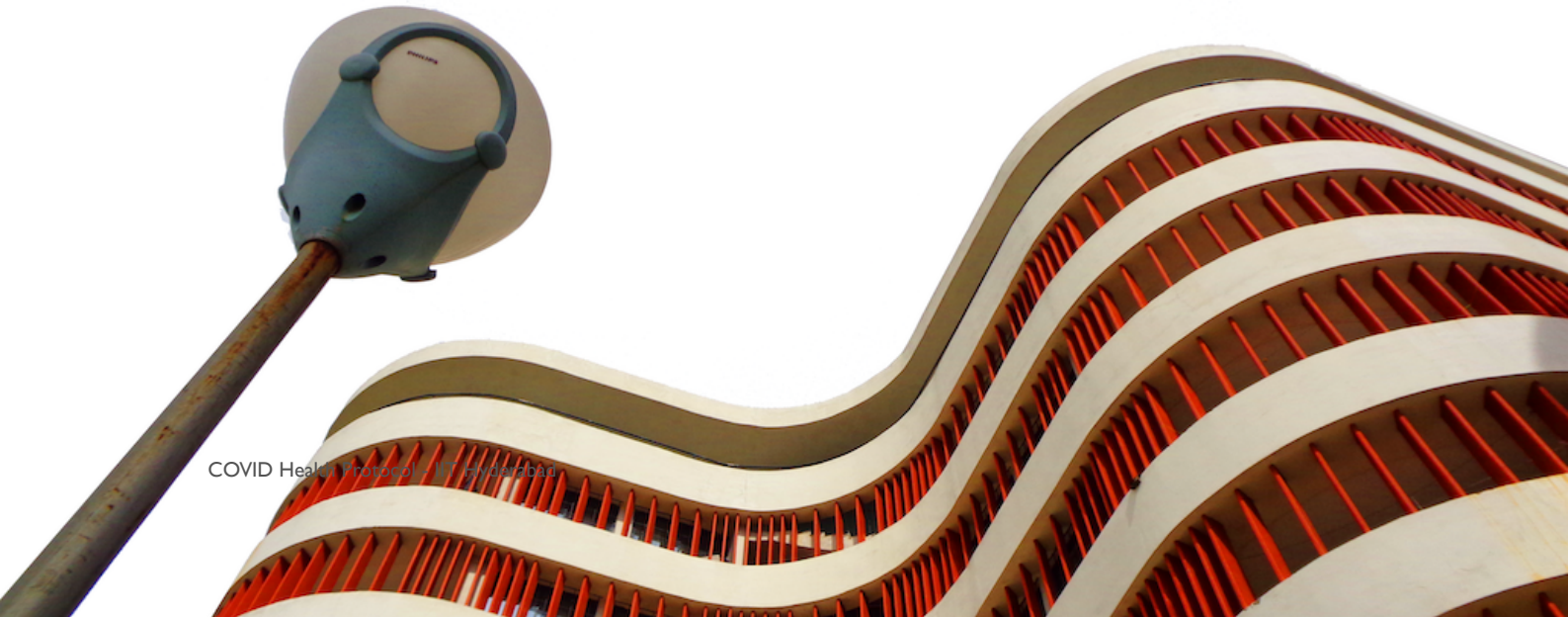
Designed by Dr. Shiva Ji